



THE UNIVERSITY *of* EDINBURGH
Careers Service

Welcome from the Careers Service

School of Chemistry

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Inspiring futures

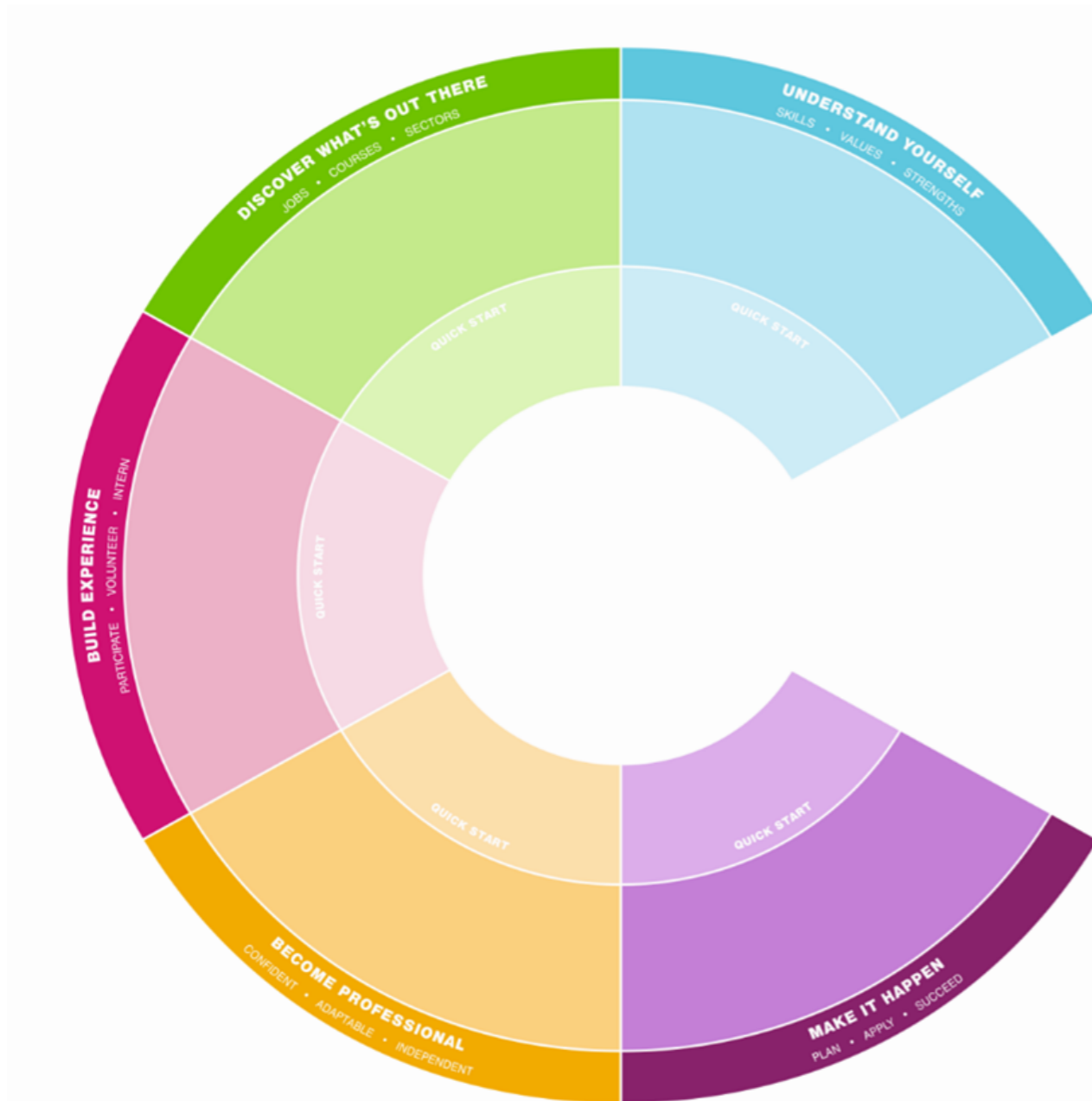


Things to do this year

- Be open minded & try things out
- Join a [society](#) or [volunteer?](#)
- Find out about [part-time and vacation jobs](#)
- Start to develop your skills -> try [LinkedIn Learning](#) for bite size courses
- Settle in & enjoy yourself



Introducing the Careers Compass



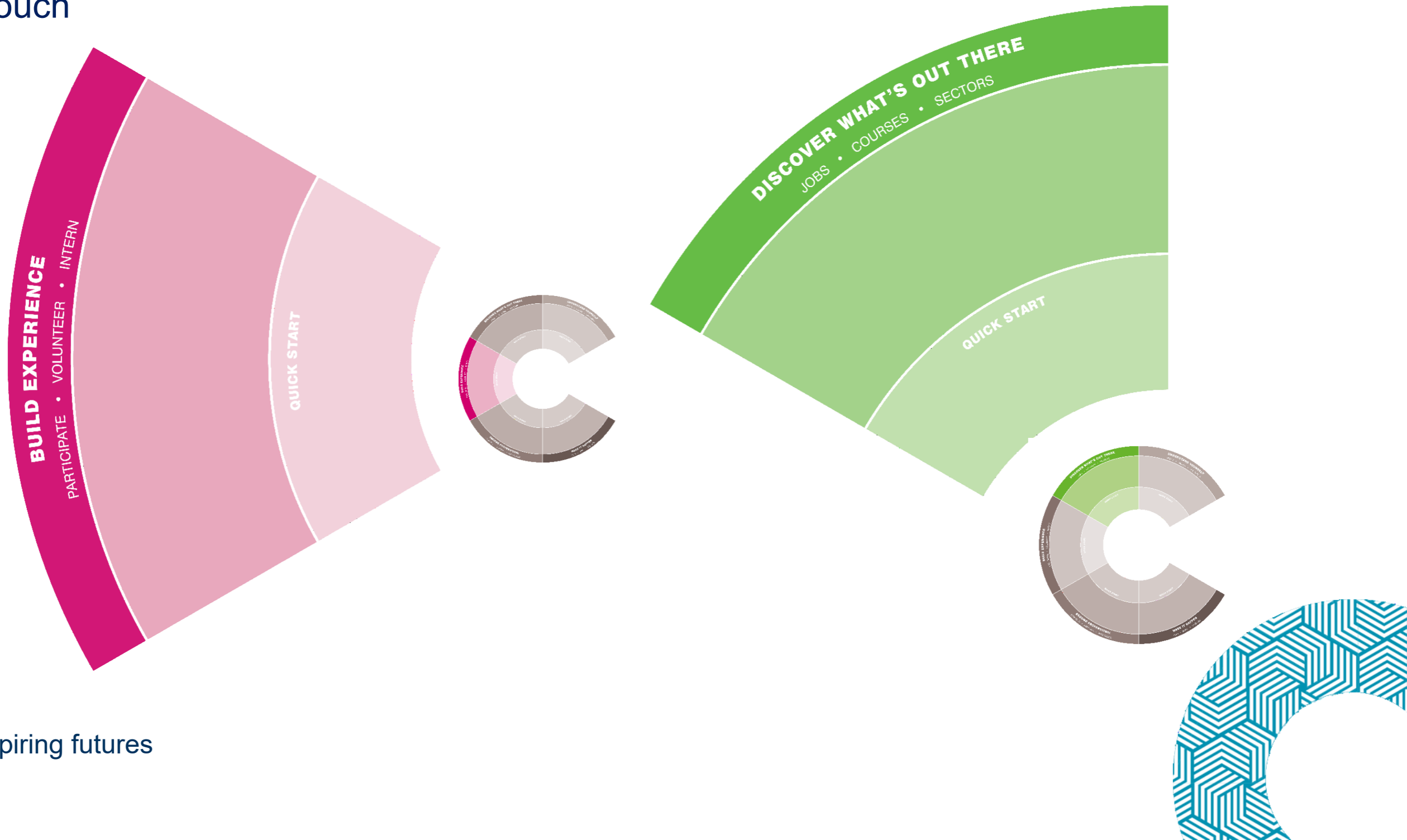
- **Understand yourself** – skills, values, strengths
- **Discover what's out there** – jobs, courses, sectors
- **Build experience** – participate, volunteer, intern
- **Become professional** – confident, adaptable, independent
- **Make it happen** – plan, apply, succeed

www.ed.ac.uk/careers/compass



Student Guide – “What to try” (years 1 and 2)

- The Student Guide can be used to help you record what you’ve done and plan what comes next www.ed.ac.uk/careers/compass
- Each of the 5 segments has prompts for things to try/do/explore – can be very light touch



Careers Service 'toolkits' www.ed.ac.uk/careers/compass

- Online, interactive, self-guided resources
- Go at your own pace -> dip in & out
- Lots of hints, tips & clips!

id.ac.uk/webapps/blackboard/content/listContentEditable.jsp?content_id=_5244417_1&course_id=_83888_1&mode=reset

Understand Yourself **Welcome to the Understand Yourself toolkit** Learn Help ?

Introduction
Understanding yourself – your strengths, motivations, and values – is an essential part of career planning. Being clear about what is important to you will help you to make confident career decisions and start to plan for life beyond university.

Self-awareness explained
Take 3 minutes to [watch this introduction](#) to find out why understanding yourself (also known as self-awareness) is important in career planning. *University of Edinburgh login required:

Self-awareness EXPLAINED

Understanding yourself will not lead to an instant list of perfectly matched job suggestions but it will help you to consider the type of environment in which you are likely to perform at the best of your abilities and gain

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‘Understand yourself’ – a good place to start.

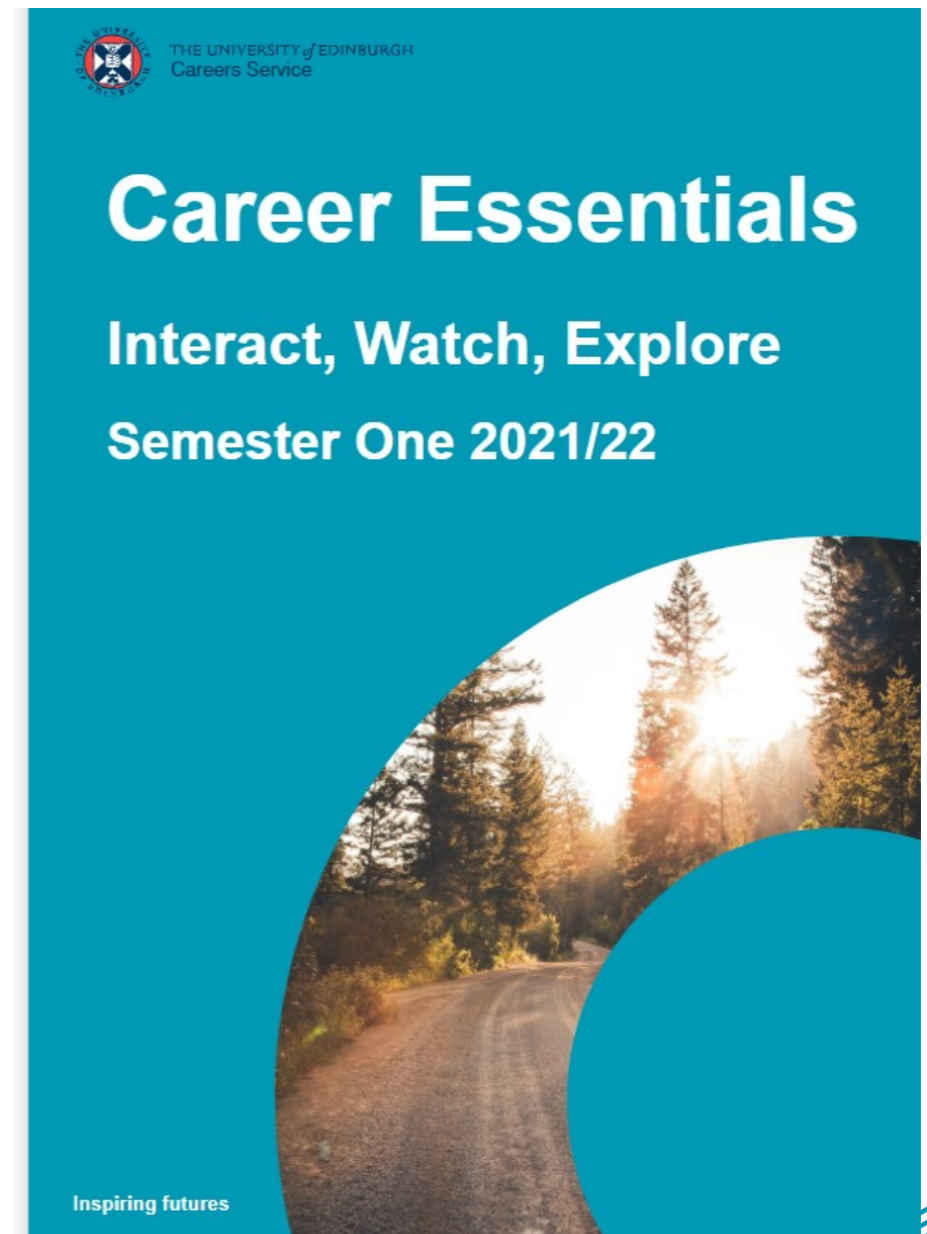


Careers Essentials: Interact, Watch, Explore

- e-brochure outlining the live sessions we are running centrally this semester
- points you to relevant videos on Media Hopper and other resources that can help you

These include:

- webinars and workshops (part-time jobs, getting experience)
- Top Tips series: Applications, CVs, Interviews, Psychometric Tests
- Information on our PGT, PGR & Graduate programmes of support
- Careers week/ flagship events info



<https://www.ed.ac.uk/careers/essentials>

We are here to help

- We are available online & in-person
- Check out our website
- Want to ask us a question
- Want to live chat?
- In a hurry....use our 'quick links'
- Share your feedback
- Follow us

